

SOUTH EAST WALES CHAMPIONSHIPS 2008

SHORT COURSE TIME STANDARDS

QT/ CT	GIRLS				EVENT	BOYS				QT/ CT
	8 - 10yrs	11/12 yrs	13/14 yrs	15 & over		8 - 11yrs	12/13 yrs	14/15yrs	16 & over	
QT	1.28.26	1.19.64	1.15.04	1.13.88	100m	1.30.35	1.15.90	1.10.60	1.09.28	QT
CT	1.32.66	1.23.58	1.18.43	1.17.54	Freestyle	1.36.81	1.20.04	1.14.02	1.13.74	CT
QT	3.07.53	2.50.29	2.41.08	2.40.01	200m	3.11.70	2.42.79	2.32.18	2.29.55	QT
CT	3.17.37	2.58.16	2.47.87	2.51.23	Freestyle	3.24.62	2.51.07	2.39.04	2.38.43	CT
QT	6.31.86	5.56.69	5.37.39	5.35.15	400m	6.44.80	5.43.74	5.21.37	5.15.79	QT
CT	6.48.70	6.13.15	5.51.62	5.51.62	Freestyle	7.12.08	6.01.24	5.35.82	5.34.55	CT
QT	13.19.65	12.07.86	11.28.48	11.23.90	800m	14.04.24	11.56.89	11.10.21	11.10.21	QT
CT	13.33.59	12.41.45	11.57.50	11.57.50	Freestyle	15.01.13	12.33.38	11.40.38	11.40.38	CT
QT	25.30.90	23.13.47	21.58.09	21.42.80	1500m	26.47.09	22.44.67	21.15.81	20.53.70	QT
CT	25.56.53	24.17.79	22.53.66	22.38.82	Freestyle	28.35.40	23.54.15	22.13.24	22.08.20	CT
QT	1.36.90	1.27.70	1.22.67	1.22.08	100m	1.40.23	1.24.28	1.18.44	1.16.98	QT
CT	1.42.41	1.32.00	1.26.44	1.26.38	Backstroke	1.47.36	1.28.86	1.22.27	1.21.88	CT
QT	3.24.80	3.06.41	2.56.32	2.55.15	200m	3.31.46	2.59.56	2.47.87	2.44.96	QT
CT	3.36.04	3.15.01	3.03.76	3.03.76	Backstroke	3.45.71	3.08.71	2.55.43	2.54.76	CT
QT	1.51.67	1.40.87	1.35.01	1.26.83	100m	1.55.58	1.36.79	1.29.97	1.26.98	QT
CT	2.01.00	1.47.74	1.40.87	1.32.99	Breaststroke	2.07.09	1.44.13	1.35.60	1.32.48	CT
QT	3.54.34	3.32.74	3.21.00	3.16.90	200m	4.02.14	3.24.58	3.10.94	3.04.95	QT
CT	4.12.52	3.46.49	3.32.74	3.26.66	Breaststroke	4.25.18	3.39.25	3.22.94	3.15.94	CT
QT	1.33.84	1.25.20	1.20.50	1.18.89	100m	1.36.21	1.21.28	1.15.86	1.13.48	QT
CT	1.41.12	1.30.71	1.25.20	1.22.76	Butterfly	1.45.35	1.27.11	1.20.62	1.17.85	CT
QT	3.25.77	3.06.80	2.56.50	2.52.96	200m	3.33.13	3.00.08	2.48.06	2.42.80	QT
CT	3.41.73	3.18.87	3.06.80	3.02.01	Butterfly	3.53.41	3.12.98	2.58.62	2.52.47	CT
QT	3.27.74	3.10.70	3.00.39	2.59.18	200m	3.35.60	3.03.08	2.51.16	2.48.19	QT
CT	3.33.36	3.19.51	3.07.99	3.07.99	Ind. Medley	3.42.75	3.06.22	2.58.87	2.58.19	CT
QT	7.19.96	6.40.47	6.18.80	6.16.28	400m	7.37.01	6.28.06	6.02.80	5.56.75	QT
CT	7.27.63	6.58.95	6.34.77	6.34.77	Ind. Medley	8.07.80	6.47.82	6.19.14	6.17.70	CT

QT = Qualifying Time

CT = Consideration Time

The organisers reserve the right to return entries