

## SOUTH EAST WALES CHAMPIONSHIPS 2007

### SHORT COURSE TIME STANDARDS (Revised 06.12.06)

QT/ CT	GIRLS				EVENT	BOYS				QT/ CT
	10yrs & under	11/12 yrs	13/14 yrs	15 & over		11yrs & under	12/13 yrs	14/15yrs	16 & over	
QT	1.28.26	1.19.64	1.15.04	1.13.88	100m Freestyle	1.30.35	1.15.90	1.10.60	1.09.28	QT
CT	1.32.66	1.23.58	1.18.43	1.17.54		1.36.81	1.20.04	1.14.02	1.13.74	CT
QT	3.07.53	2.50.29	2.41.08	2.40.01	200m Freestyle	3.11.70	2.42.79	2.32.18	2.29.55	QT
CT	3.17.37	2.58.16	2.47.87	2.51.23		3.24.62	2.51.07	2.39.04	2.38.43	CT
QT	6.31.86	5.56.69	5.37.39	5.35.15	400m Freestyle	6.44.80	5.43.74	5.21.37	5.15.79	QT
CT	6.38.70	6.13.15	5.51.62	5.51.62		7.12.08	6.01.24	5.35.82	5.34.55	CT
QT	13.19.65	12.07.86	11.28.48	11.23.90	800m Freestyle	14.04.24	11.56.89	11.10.21	11.10.21	QT
CT	13.33.59	12.41.45	11.57.50	11.57.50		15.01.13	12.33.38	11.40.38	11.40.38	CT
QT	25.30.90	23.13.47	21.58.09	21.42.80	1500m Freestyle	26.47.09	22.44.67	21.15.81	20.53.70	QT
CT	25.56.53	24.17.79	22.53.66	22.38.82		28.35.40	23.54.15	22.13.24	22.08.20	CT
QT	1.36.90	1.27.70	1.22.67	1.22.08	100m Backstroke	1.40.23	1.24.28	1.18.44	1.16.98	QT
CT	1.42.41	1.32.00	1.26.44	1.26.38		1.47.36	1.28.86	1.22.27	1.21.88	CT
QT	3.24.80	3.06.41	2.56.32	2.55.15	200m Backstroke	3.31.46	2.59.56	2.47.87	2.44.96	QT
CT	3.36.04	3.15.01	3.03.76	3.03.76		3.45.71	3.08.71	2.55.43	2.54.76	CT
QT	1.51.67	1.40.87	1.35.01	1.26.83	100m Breaststroke	1.55.58	1.36.79	1.29.97	1.26.98	QT
CT	2.01.00	1.47.74	1.40.87	1.32.99		2.07.09	1.44.13	1.35.60	1.32.48	CT
QT	3.54.34	3.32.74	3.21.00	3.16.90	200m Breaststroke	4.02.14	3.24.58	3.10.94	3.04.95	QT
CT	4.12.52	3.46.49	3.32.74	3.26.66		4.25.18	3.39.25	3.22.94	3.15.94	CT
QT	1.33.84	1.25.20	1.20.50	1.18.89	100m Butterfly	1.36.21	1.21.28	1.15.86	1.13.48	QT
CT	1.41.12	1.30.71	1.25.20	1.22.76		1.45.35	1.27.11	1.20.62	1.17.85	CT
QT	3.25.77	3.06.80	2.56.50	2.52.96	200m Butterfly	3.33.13	3.00.08	2.48.06	2.42.80	QT
CT	3.41.73	3.18.87	3.06.80	3.02.01		3.53.41	3.12.98	2.58.62	2.52.47	CT
QT	3.27.74	3.10.70	3.00.39	2.59.18	200m Ind. Medley	3.35.60	3.03.08	2.51.16	2.48.19	QT
CT	3.33.36	3.19.51	3.07.99	3.07.99		3.42.75	3.06.22	2.58.87	2.58.19	CT
QT	7.19.96	6.40.47	6.18.80	6.16.28	400m Ind. Medley	7.37.01	6.28.06	6.02.80	5.56.75	QT
CT	7.27.63	6.58.95	6.34.77	6.34.77		8.07.80	6.47.82	6.19.14	6.17.70	CT

QT = Qualifying Time

CT = Consideration Time

These entry times have been calculated from the Swim Wales Short Course Time Standard for Age Group and Youth Championships 2007 plus 10%

**The organisers reserve the right to return entries**