

Avalon Autumn Open Meet 21/22 October 2006

Qualifying & Cut Off times

Times for 25m pool	Female Short Course							Male Short Course					
		9/10	11	12	13	14	15/O	9/10	11	12	13	14	15/O
50m Freestyle	c.o.	36.00	32.00	29.00	28.00	27.00	26.00	35.00	32.00	29.00	28.00	26.00	24.00
	q.t.	44.00	41.00	38.00	37.00	36.00	36.00	44.00	40.00	37.00	36.00	35.00	34.00
100m Freestyle	c.o.		1.06.00	1.03.00	1.01.00	59.00	57.00		1.03.00	1.01.00	58.00	55.00	52.00
	q.t.		1.38.00	1.28.00	1.25.00	1.22.00	1.18.00		1.32.00	1.22.00	1.20.00	1.17.00	1.13.00
200m Freestyle	c.o.	2.58.00	2.37.00	2.15.00	2.12.00	2.08.00	2.04.00	2.56.00	2.35.00	2.13.00	2.08.00	2.03.00	1.54.00
	q.t.	3.35.00	3.23.00	3.10.00	3.00.00	2.50.00	2.40.00	3.20.00	3.10.00	2.55.00	2.48.00	2.40.00	2.30.00
400m Freestyle	c.o.		4.48.00	4.45.00	4.38.00	4.30.00	4.25.00		4.45.00	4.40.00	4.30.00	4.20.00	4.09.00
	q.t.		6.15.00	6.00.00	5.50.00	5.40.00	5.30.00		6.00.00	5.50.00	5.40.00	5.30.00	5.10.00
50m Backstroke	c.o.	42.00	37.00	33.00	32.00	32.00	31.00	42.00	38.00	33.00	32.00	30.00	28.00
	q.t.	52.00	48.00	45.00	44.00	42.00	40.00	52.00	49.00	45.00	43.00	40.00	38.00
100m Backstroke	c.o.		1.09.00	1.08.00	1.07.00	1.05.00	1.03.00		1.09.00	1.08.00	1.05.00	1.02.00	58.00
	q.t.		1.46.00	1.40.00	1.35.00	1.30.00	1.20.00		1.46.00	1.40.00	1.35.00	1.30.00	1.20.00
200m Backstroke	c.o.		2.30.00	2.28.00	2.24.00	2.20.00	2.16.00		2.28.00	2.26.00	2.20.00	2.14.00	2.06.00
	q.t.		3.40.00	3.30.00	3.20.00	3.10.00	3.00.00		3.30.00	3.20.00	3.10.00	3.00.00	2.50.00
50m Breaststroke	c.o.	48.00	42.00	37.00	36.00	35.00	35.00	47.00	41.00	36.00	35.00	33.00	30.00
	q.t.	58.00	54.00	50.00	48.00	48.00	45.00	58.00	53.00	48.00	47.00	45.00	42.00
100m Breaststroke	c.o.		1.20.00	1.18.00	1.16.00	1.13.00	1.12.00		1.20.00	1.17.00	1.14.00	1.10.00	1.05.00
	q.t.		2.00.00	1.55.00	1.50.00	1.45.00	1.35.00		1.58.00	1.50.00	1.45.00	1.40.00	1.30.00
200m Breaststroke	c.o.		2.55.00	2.52.00	2.46.00	2.40.00	2.38.00		2.50.00	2.48.00	2.40.00	2.32.00	2.22.00
	q.t.		4.00.00	3.45.00	3.35.00	3.25.00	3.15.00		4.00.00	3.40.00	3.30.00	3.20.00	3.10.00
50m Butterfly	c.o.	41.00	36.00	32.00	31.00	30.00	29.00	41.00	36.00	31.00	30.00	28.00	27.00
	q.t.	50.00	48.00	46.00	44.00	42.00	40.00	50.00	48.00	45.00	43.00	40.00	38.00
100m Butterfly	c.o.		1.11.00	1.09.00	1.07.00	1.05.00	1.03.00		1.10.00	1.08.00	1.05.00	1.01.00	59.00
	q.t.		1.45.00	1.40.00	1.35.00	1.30.00	1.28.00		1.45.00	1.40.00	1.35.00	1.30.00	1.25.00
200m Butterfly	c.o.		2.45.00	2.35.00	2.29.00	2.22.00	2.21.00		2.40.00	2.30.00	2.23.00	2.15.00	2.05.00
	q.t.		4.00.00	3.50.00	3.40.00	3.30.00	3.20.00		3.50.00	3.40.00	3.30.00	3.20.00	3.00.00
200m I.M.	c.o.	3.22.00	2.59.00	2.33.00	2.29.00	2.25.00	2.20.00	3.19.00	2.54.00	2.28.00	2.20.00	2.12.00	2.08.00
	q.t.	4.06.00	3.43.00	3.20.00	3.15.00	3.10.00	3.00.00	4.05.00	3.40.00	3.15.00	3.08.00	3.00.00	2.50.00