



2010 BRITISH GAS SWIM WALES NEW YEAR DRAGON OPEN MEET

License: 010WL1-004

(under FINA Technical Rules & Swim Wales Laws)

Friday 8th - Sunday 10th January
(All session times to be confirmed)

WALES NATIONAL POOL SWANSEA

EVENT INFORMATION & ENTRY FORMS



General Information

SWIM WALES NEW YEAR DRAGON OPEN MEET

THE VENUE

Wales National Pool
Sketty Lane
Swansea
SA2 8QG

ACCOMMODATION

Information regarding accommodation in Swansea is available on www.swansea.gov.uk

CLOSING DATE FOR ENTRIES

Tuesday 1st December 2009

ENTRIES

All entries must be submitted electronically with one cheque to cover all swimmers. Only one file per club is permitted. No entries will be processed until the correct payment is received.

Entries must be produced from Hy-Tek's Team Manager or Team Manager Lite software and be provided on a floppy disc, CD or as an e-mail attachment.

The following reports are required to accompany the entry file: Hy-Tek Meet entry sorted by name and Hy-Tek meet entry fee (located under the reports header and performance) along with the Meet Summary Sheet (in this entry pack).

Copies of the Team Manager Lite application can be downloaded free of charge from <http://www.hy-tek ltd.com/downloads.html>

The Event entry file and further information on electronic entry is available at www.welshasa.co.uk

It is strongly recommended that you return your forms by RECORDED DELIVERY to ensure receipt. Cheques must be made payable to Swim Wales "and crossed"

Entries will be rejected for the following reasons:

- They are received without the relevant fee
- Incorrectly completed
- Received after 5.00pm at the closing date and not sent recorded delivery prior to this date.
- Not received in the correct Hy-tek tm format. E.g. 4 letter club code-entries00?.

NB: The Swim Wales Organisers may request validation of any stated entry time.

Entry Information will be posted on the www.welshasa.co.uk website and will be emailed to the addresses that completed the submitted entry

ENTRY FEES

Individual events: £7.50 per event

MEET CONDITIONS

➤ Age Groups are as follows (Age as at last day of meet):

Senior	Youth	Age Group	
Male: 17 & Over	Male: 11-16	Male 13/14	Female 12/13
Female: 16 & Over	Female: 10-15	Male 11/12	Female 10/11

HEATS

- Qualifying times are in place for this meet. Please see enclosed time standards for further information
- Short Course times will be accepted for the **Age Group** Programme and converted to long course times using Hy-tek Meet Manager software. Please DO NOT manually convert short course times.
- Only long course entry times will be accepted for the Youth & Senior Section of this meet.
- Qualifying times must be achieved in the year prior to the closing date in a licensed meet or an event approved by the organisers.

FINALS

- A & B Finals will be swum for 50, 100 and 200m events in the Senior & Youth Section
- A Finals will be swum for the 400m events in the Senior & Youth Section
- All finals in the Senior & Youth Section will be Open Age Finals

- B finals shall be swum before A Finals
- B finals will only take place if at least 24 competitors enter the event.
- 800m & 1500m Events are Heat Declared Winner competitions.
- Finals will be swum for both Age Bands in the Age Group Section

PRIZES

- Medals will be awarded for 1st – 3rd places in Senior & Youth Sections (Results will be taken firstly from the A Final, followed by the B Final and then the Heats)
- Medals will be awarded to both age group categories.
- Competitors will only receive a prize if they have achieved the qualifying standard.

DOPING CONTROL

Swimmers are warned that random doping control may take place during this Meet.

ACCREDITATION

Swimmers must carry their Swim Wales or Home Country Membership card as accreditation. Access will not be given to the changing village or poolside without accreditation.

IMPORTANT – COACHES/CHAPERONE PASSES

All Coaches and Chaperones must have relevant accreditation. Applications for coach/chaperone passes must be made on the official form enclosed in this pack. All coaches, chaperones and support staff must be registered members of Scottish Swimming/ Swim Wales / or the ASA and be registered on their home country child protection database. Annual Coach Passes are also available. Application forms are available on the Swim Wales website.

PLEASE BE AWARE THE CLOSING DATE FOR PASSES WILL BE 1st December 2009. APPLICATIONS RECEIVED AFTER THIS DATE WILL BE SUBJECT TO A £20 FEE.

PASSES WILL NOT BE ISSUED DURING THE MEET UNDER ANY CIRCUMSTANCES.

SPECTATORS

Admission charges

- £4.00 per session Including free admission to finals session
- £7.00 per day
- £20.00 per weekend pass
- Reduced rates for children Under 16 / Senior Citizens

The seating at the WNP Swansea is arranged in rows that lead directly onto the pool deck. The first 5 rows are reserved for swimmers, coaches and team managers. Spectators will not be allowed into this area. Swimmers must make themselves available for marshalling as soon as advised by the public address system. Unless moving to marshalling, from swim down or following the completion of an event swimmers, coaches and team managers are requested to remain in their seats and not stand on the pool deck. A clockwise one way system will be in operation on the pool deck in order to keep the poolside area as free as possible.

The Spectator Area must be cleared at the end of each session.

CAR PARKING

A total of 250 car parking spaces including 21 disabled places and 3 coach bays are provided at the Wales National Pool. This is a pay and display car park and all charges are governed by WNP.

REFRESHMENTS

There is a cafe area serving refreshments for swimmers and spectators throughout the weekend. Refreshments may not be taken onto the poolside. There are also vending machines available for drinks.

SMOKING

Swim Wales has been asked by WNP Ltd to inform everyone using the facility that the complete complex, including the car park, is designated as a non-smoking area. Chewing gum is also banned.

CAMERA USE

The use of **all** photographic equipment is controlled at this meet and everyone is reminded that such equipment should not be used without a pass.

Passes can be obtained (free of charge) from the entry desk **upon proof of identity.** You will be issued with a tag for your photographic equipment and this must remain attached within the WNP area. Equipment being used without a pass will be removed. The records of camera use will be retained by Swim Wales.

MOBILE PHONES

Mobile phones must not be used in the pool hall and changing village.

SWIM SHOP

A Shop selling Swim Wales branded goods will be available during the meet.

MEET OFFICE

A Meet Office will be open for the duration of the meet and can be contacted on 01792 513636

Additional entry forms can be found on www.welshasa.co.uk

BRITISH GAS SWIM WALES NEW YEAR DRAGON OPEN MEET

Wales National Pool, Swansea

8th – 10th January 2010

QUALIFYING TIMES

All qualifying times are long course (50m) times. Age as at last day of meet

EVENT	FEMALE SENIOR 16 & Over	FEMALE YOUTH 10-15	MALE SENIOR 17 & Over	MALE YOUTH 10-16
50m FREESTYLE	29.58	30.22	26.96	27.28
100m FREESTYLE	1.03.41	1.04.22	58.84	59.95
200m FREESTYLE	2.11.02	2.15.10	2.03.98	2.07.06
400m FREESTYLE	4.37.20	4.43.41	4.21.48	4.29.21
800m FREESTYLE (HDW) <small>fastest heat will swim in the Finals session</small>	9.46.92	9.57.35	9.27.25	9.36.68
1500m FREESTYLE (HDW) <small>fastest heat will swim in the Finals session</small>	18.49.94	19.06.39	18.30.98	18.50.68
50m BACKSTROKE	35.68	36.76	32.20	34.01
100m BACKSTROKE	1.16.15	1.18.46	1.09.36	1.11.46
200m BACKSTROKE	2.42.00	2.46.91	2.30.53	2.34.93
50m BREASTSTROKE	39.09	40.27	35.48	36.28
100m BREASTSTROKE	1.24.85	1.27.42	1.17.49	1.19.85
200m BREASTSTROKE	3.02.04	3.07.55	2.47.58	2.52.66
50m BUTTERFLY	33.12	34.42	30.19	31.38
100m BUTTERFLY	1.12.74	1.14.94	1.06.71	1.08.73
200m BUTTERFLY	2.39.64	2.44.47	2.27.78	2.33.82
200m IND .MEDLEY	2.40.25	2.44.14	2.33.08	2.37.94
400m IND .MEDLEY	5.30.41	5.41.21	5.23.92	5.33.73

Age Group Qualifying Times

Event	Girls				Boys			
	10/11		12/13		11/12		13/14	
	LC	SC	LC	SC	LC	SC	LC	SC
50m Free	33.90	33.24	31.93	31.30	32.09	31.46	31.50	30.88
100m Free	1.16.65	1.15.15	1.10.66	1.09.27	1.14.17	1.12.72	1.06.29	1.04.99
200m Free	2.44.90	2.41.67	2.32.99	2.29.99	2.38.93	2.35.81	2.27.78	2.24.88
100m Back	1.26.57	1.24.87	1.20.20	1.18.63	1.26.11	1.24.42	1.18.67	1.17.13
200m Back	3.08.13	3.04.44	2.57.32	2.53.84	3.07.88	3.04.20	2.57.42	2.53.94
100m Brst	1.40.69	1.38.72	1.34.30	1.32.45	1.37.83	1.35.62	1.34.06	1.32.22
200m Brst	3.41.44	3.37.10	3.29.13	3.25.03	3.39.93	3.35.62	3.27.25	3.23.19
100m Fly	1.31.37	1.29.58	1.24.46	1.22.80	1.27.23	1.25.52	1.23.22	1.21.59
200m Fly	3.20.34	3.16.41	3.00.83	2.57.28	3.17.28	3.13.41	2.59.15	2.55.64
200m I M	3.01.85	2.58.28	2.50.94	2.47.59	3.05.90	3.02.25	2.47.26	2.43.98

Please note Age Group Swimmers can ALSO enter the Youth Events, no separate award will be made to an Age Group swimmer who swims in a Youth Event.

Please take special care to ensure that swimmers are entered into the correct section of the meet as eligibility will show two events for each event for many age groups (Please refer to the schedule of events).

Qualifying times must be achieved in the year prior to the closing date in a licensed meet or an event approved by the organisers.

BRITISH GAS SWIM WALES NEW YEAR DRAGON OPEN MEET (50M)

PROGRAMME OF EVENTS

Session times will be confirmed on receipt of entries

Friday Morning Youth & Senior					Saturday Morning Youth & Senior					Sunday Morning Youth & Senior				
1	F	400m	Freestyle	H	20	F	800m	Freestyle	H	38	M	200m	Ind. Medley	H
2	M	800m	Freestyle	H	(fastest heat of ev 20 will swim in the Finals session)					39	F	200m	Breaststroke	H
(fastest heat of ev 2 will swim in the Finals session)					21	M	200m	Freestyle	H	40	M	50m	Breaststroke	H
3	F	100m	Butterfly	H	22	F	200m	Butterfly	H	41	F	200m	Freestyle	H
4	M	50m	Butterfly	H	23	M	100m	Butterfly	H	42	M	400m	Freestyle	H
5	F	50m	Breaststroke	H	24	F	100m	Breaststroke	H	43	F	50m	Butterfly	H
6	M	100m	Breaststroke	H	25	M	200m	Breaststroke	H	44	M	200m	Butterfly	H
7	F	100m	Backstroke	H	26	F	200m	Backstroke	H	45	F	50m	Backstroke	H
8	M	200m	Backstroke	H	27	M	50m	Backstroke	H	46	M	100m	Backstroke	H
9	F	200m	Ind. Medley	H	28	F	100m	Freestyle	H	47	F	1500m	Freestyle	H
10	M	400m	Ind. Medley	H	29	M	1500m	Freestyle	H	(fastest heat of ev 47 will swim in the Finals session)				
11	F	50m	Freestyle	H	(fastest heat of ev 29 will swim in the Finals session)					48	M	50m	Freestyle	H
12	M	100m	Freestyle	H	30	F	400m	Ind. Medley	H					
Friday Afternoon Age Group					Saturday Afternoon Age Group					Sunday Afternoon Age Group				
13	B	200m	Ind. Medley	H	31	G	200m	Breaststroke	H	49	G	100m	Backstroke	H
14	G	200m	Backstroke	H	32	B	100m	Breaststroke	H	50	B	200m	Backstroke	H
15	B	100m	Backstroke	H	33	G	200m	Freestyle	H	51	G	100m	Breaststroke	H
16	G	100m	Freestyle	H	34	B	100m	Freestyle	H	52	B	200m	Breaststroke	H
17	B	50m	Freestyle	H	35	G	100m	Butterfly	H	53	G	50m	Freestyle	H
18	G	200m	Butterfly	H	36	B	200m	Butterfly	H	54	B	200m	Freestyle	H
19	B	100m	Butterfly	H	37	G	200m	Ind. Medley	H					
Friday Evening					Saturday Evening					Sunday Evening				
B	200m	Ind. Medley	F		F	800m	Freestyle	Fstst Ht		M	200m	Ind. Medley	A/B F	
F	400m	Freestyle	F		M	200m	Freestyle	A/B F		F	200m	Breaststroke	A/B F	
M	800m	Freestyle	Fstst Ht		G	200m	Breaststroke	F		M	50m	Breaststroke	A/B F	
G	200m	Backstroke	F		B	100m	Breaststroke	F		G	100m	Backstroke	F	
B	100m	Backstroke	F		F	200m	Butterfly	A/B F		B	200m	Backstroke	F	
F	100m	Butterfly	A/B F		M	100m	Butterfly	A/B F		F	200m	Freestyle	A/B F	
M	50m	Butterfly	A/B F		G	200m	Freestyle	F		M	400m	Freestyle	F	
F	50m	Breaststroke	A/B F		B	100m	Freestyle	F		G	100m	Breaststroke	F	
M	100m	Breaststroke	A/B F		F	100m	Breaststroke	A/B F		B	200m	Breaststroke	F	
G	100m	Freestyle	F		M	200m	Breaststroke	A/B F		F	50m	Butterfly	A/B F	
B	50m	Freestyle	F		G	100m	Butterfly	F		M	200m	Butterfly	A/B F	
F	100m	Backstroke	A/B F		B	200m	Butterfly	F		G	50m	Freestyle	F	
M	200m	Backstroke	A/B F		F	200m	Backstroke	A/B F		B	200m	Freestyle	F	
F	200m	Ind. Medley	A/B F		M	50m	Backstroke	A/B F		F	50m	Backstroke	A/B F	
M	400m	Ind. Medley	F		G	200m	Ind. Medley	F		M	100m	Backstroke	A/B F	
G	200m	Butterfly	F		F	100m	Freestyle	A/B F		F	1500m	Freestyle	Fstst Ht	
B	100m	Butterfly	F		M	1500m	Freestyle	Fstst Ht		M	50m	Freestyle	A/B F	
F	50m	Freestyle	A/B F		F	400m	Ind. Medley	F						
M	100m	Freestyle	A/B F											

Please note if less than 24 competitors enter an event with an A & B Final only the A final will take place.

Age Group swimmers can ALSO take part in Youth events. No separate award will be made to an Age Group swimmer who takes part in a Youth Event.

Age as at last day of meet.

The organisers reserve the right to reject entries if the meet is oversubscribed.



BRITISH GAS WELSH SWIM WALES NEW YEAR DRAGON OPEN MEET

BIOGRAPHY

NAME: _____

TEAM SWIMMING FOR AT MEET: _____

SCHOOL: _____ SCHOOL YEAR: _____

COACH: _____ AGE: _____ NATIONALITY: _____

EVENT NUMBER: _____ EVENT: _____ BEST TIME: _____

EVENT NUMBER: _____ EVENT: _____ BEST TIME: _____

EVENT NUMBER: _____ EVENT: _____ BEST TIME: _____

EVENT NUMBER: _____ EVENT: _____ BEST TIME: _____

EVENT NUMBER: _____ EVENT: _____ BEST TIME: _____

EVENT NUMBER: _____ EVENT: _____ BEST TIME: _____

RECORDS HELD:

RECORD: _____ EVENT: _____ BEST TIME: _____

RECORD: _____ EVENT: _____ BEST TIME: _____

RECORD: _____ EVENT: _____ BEST TIME: _____

INTER/NATIONAL EVENTS

	LC/SC	LEVEL - YOUTH/JUNIOR	YEARS SWAM	EVENTS	POSITION
OLYMPIC GAMES					
WORLD					
EUROPEAN					
COMMONWEALTH					
OTHER OR NATIONAL: _____					

2009-2010 SQUADS

BRITISH/ SCOTTISH/ IRISH/ WELSH/ OTHER: _____

WORLD CLASS PODIUM/ WORLD CLASS DEVELOPMENT/ GOLD/ SILVER/ BRONZE/ SENIOR ELITE/ YOUTH/ RELAY/ REGIONAL/ SKILLS/ OTHER: _____

Date Completed: _____



BRITISH GAS SWIM WALES NEW YEAR DRAGON OPEN MEET

MEET SUMMARY SHEET

This Form must be completed and returned with the Hy-Tek Meet entry sorted by name and Hy-Tek meet entry fee report and Entry File (Unless already emailed to events@welshasa.co.uk)

Club: _____ **Club Code:** _____

Contact Name: _____

Address: _____

Tel No: _____ **Mobile:** _____

Email Address: _____

Team Size:

Total Number of Individual Entries @ **£7.50 per event** **£**.....

Total number of Coach Passes @ **£12.50 each** **£**.....

Number of Annual Coach Passes held by the club

Total cheque enclosed made payable to Swim Wales "and crossed" **£**.....

Forms to be returned to:

Swim Wales Office,
Wales National Pool,
Sketty Lane,
Swansea,
SA2 8QG

Email: events@welshasa.co.uk
Tel: 01792 513636

CLOSING DATE: TUESDAY 1st December 2009

SWIM WALES

Wales National Pool Swansea, Sketty Lane, Swansea, SA2 8QG

Tel: +44 (0)1792 513636 Fax: +44 (0)1792 513637

BRITISH GAS SWIM WALES NEW YEAR DRAGON OPEN MEET COACH/CHAPERONE PASS

8th-10th January 2010 – SWANSEA

INDIVIDUAL APPLICATION FORM

PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

FULL NAME:
NAME OF CLUB:
POSITION Eg Club Coach:.....
EMAIL:.....
ADDRESS:.....
..... POST CODE:
TEL NO: FAX NO:.....
SWIM WALES/SCOTTISH SWIMMING/ASA AFFILIATION NUMBER.....
CRB NUMBER:

The above named person is authorised to hold a pass for this club _____ (Signed - CLUB SECRETARY)

PLEASE NOTE ONLY MEMBERS AFFILIATED TO SWIM WALES/SCOTTISH SWIMMING/ASA OR A MEMBER OF A FINA AFFILLIATED COUNTRY WILL BE ELIGIBLE FOR A COACHES PASS.

PLEASE SEND A CHEQUE FOR £12.50 (MADE PAYABLE TO SWIM WALES) AND A PASSPORT PHOTO (UNLESS A PHOTO IS ALREADY LOGGED WITH SWIM WALES) FOR EACH PASS.

ONLY APPLICATIONS WITH A PHOTOGRAPH AND AUTHORISED BY THEIR CLUB WILL BE ACCEPTED.

**NO PASSES WILL BE AVAILABLE ON THE DAY THEY MUST BE PURCHASED BEFOREHAND.
THERE WILL BE NO ACCESS TO THE POOLSIDE WITHOUT A COACHES PASS.**

PASSES WILL BE RESTRICTED TO A MAXIMUM OF 1 FEMALE AND 1 MALE PASS FOR UPTO 10 SWIMMERS.
ONE ADDITIONAL PASS WILL BE ALLOWED FOR EVERY ADDITIONAL 10 SWIMMERS UPTO A MAXIMUM OF 4 PER CLUB.

All completed forms to be returned to the **Swim Wales Office, Wales National Pool, Sketty Lane, Swansea SA2 8QG**

CLOSING DATE: TUESDAY 1st December 2009

(Please note this may vary with different Competitions- see Meet Information)

In the finals, the maximum number of places practicable shall be allocated up to a total of eight competitors. When the programme of events includes semi-finals and finals the following shall apply: -

- 06.02.01** Semi-finalists shall be cyclically seeded from the results of the heats.
- 06.02.02** Finalists shall be allocated lanes using the spearhead principle from the results of the semi-finals.
- 06.02.03** In the 800 & 1500m events the fastest eight Competitors shall go forward to the final heat which shall be swum in the finals session.
- 06.02.04** The fastest heat of HDW events will be spearheaded

06.03 Withdrawals Procedure - Individuals

All withdrawals must be notified to the Meet office.

- 06.03.01** The Meet office must be informed of any withdrawals no later than 5.00pm on the day before competition.
- 06.03.02** Under exceptional circumstances only, withdrawals on the day of the Championship event may be accepted. However, these must be notified to the Meet Office on the relevant form.
- 06.03.03** Competitors failing to comply with the above shall be fined £10 for each inappropriate withdrawal.
- 06.03.04** Competitors wishing to withdraw from a semi-final or a final must inform the Meet Office (or Withdrawals Table if applicable) in writing on the relevant form immediately after the list of semi-finalists or finalists has been published or announced but within 20 minutes of the end of the session
- 06.03.05** Competitors who fail to appear for finals or the final heat of a Heat Declared Winner event will be fined and may be subject to further disciplinary action.
- 06.03.06** Any competitor withdrawing from a semi-final or a final preventing a reserve from taking part (except in the case of genuine illness or of a proven emergency) shall be fined as an inappropriate withdrawal and may be suspended immediately from all events at the Meet.
Where a reserve is brought in, the reserve shall occupy the vacant lane and there will be no amendments made to the allocation of other lanes.

06.04 Start Sheets

Start sheets will be prepared after the withdrawal deadline each day and will be available on the morning of the event.

06.05 Marshalling

It is the responsibility of the swimmer to report to the marshalling area in plenty of time before the event

06.06 Call Room

It is the responsibility of the swimmers and reserves to report to the call room 15 minutes before the start time for their final, and to remain in the call room until the marshal indicates they are to proceed to the poolside. Once a swimmer has entered the call room, coaches shall have no access to their swimmers until the final has been completed.

Swimmers and reserves who do not comply with the above conditions will be treated as a withdrawal as in points 06.03.05/06
PLEASE NOTE IF SWIMMERS DO NOT REPORT TO THE CALL ROOM AT THE APPOINTED TIME, THEY WILL NOT BE ALLOWED TO SWIM IN THE FINAL.

06.07 Presentations

The Meet Manager may decide to carry out presentations during the finals session. Competitors must report to the Presentation Marshall immediately after completion of their final. **Appropriate clothing, i.e. full tracksuit and training shoes must be worn for the presentation.** (Awards may not be presented if inappropriately dressed)

SW07 Other conditions

07.01 Starts

Over the top starts will, where necessary or appropriate, be used during Meets (except in the backstroke events).

07.02 Competitors' passes.

No competitors passes will be issued but all swimmers are asked to ensure that they have their membership card with them. Checks on these will take place throughout the Meet.

07.03 Coaches/Chaperones

All Coaches and Chaperones must have relevant accreditation. Applications for coaches/chaperones passes must be made on the official form enclosed in the information pack. All coaches chaperones and support staff must be a registered member of Scottish Swimming/Swim Wales/ or the ASA and be registered on their home country's Child Protection Database.

Please note the closing date for coaches/chaperones passes will be the same as the closing date for entries for the Meet. Applications received after this date will be rejected.

07.04 Presentations

Presentations will only take place if time permits.

SW08 Safety

All competitors are required to ensure that they observe all safety announcements and conduct themselves with safety in mind at all times.

SW09 TV, Video or Close Range Photography

When the competition involves young persons under the age of 18 years it shall be a requirement that staff shall be appointed at the entrance control to register details of any persons wishing to engage in any video, zoom or close range photography whether by camera, video or mobile phone.

Proof of identity will be required to register your photographic equipment for use at this event e.g. Driving License with photograph or Passport.