

Nat West Shield - Team Selection

Saturday - 20th October 2007

Cwmbran SC at Pontypool Active Leisure Centre - Warm Up 6.10pm

New one day "Shield" event against teams from Blaenavon, Cwmbran, Neath Valley, Pontypool & Tredegar SCs

Please tick by Saturday that you are available for this fixture or see Asst. Club Coach

Please ring if ill (no later than 10am on the day) - Mike Henshaw, Fixture Secretary 01291 622822

Ages as at 20/10/07

Girl Competitors	Available	Lift Req	Seat Req	Boy Competitors	Available	Lift Req	Seat Req
9/U (mixed relays)				9/U (mixed relays)			
Alyssia Talbot				David Anderson			
Charlotte Jones				Harry Clark			
Ellie Brasher				Callum Zimmerman			
11/U				11/U			
Rosie Eccles				Tom Leney			
Tiri Budd				Will Leney			
Eleanor Campbell				Connor Clark			
Ffion Edwards				Gareth Harris			
14/U				14/U			
Ellie Crawford				George Linehan			
Bethan Harris				Luke Talbot			
Rhiannon Tapp				Tim Hollies			
Ceri Parris				George Kirkham			
Megan Holmes				Rhys Griffiths			
Lucie Norris							
15/O				15/O			
Kayla Hayes				Joe Budd			
Jenny Henshaw				Tim Jones			
				Lewis Griffiths			
<u>RESERVES - please do not attend unless you are specifically requested to do so.</u>							
Laura Matthews 11/u				Tom Cleary 11/u			
Caitlin Van Buren 11/u				Ben Rowley 11/u			
				Evan Murdoch 11/u			
<u>Official's Needed</u> - Official -							
Timekeeper - 1				Team Marshall - 1			
Timekeeper - 2				Team Marshall - 2			
Lane Coach - 1							
Lane Coach - 2							