

Heads Of The Valley and Abertillery SC  
Greater Gwent Fastwater Open Meet 22nd & 23rd October 2011.  
Age Group Qualifying And Consideration Times

	BOYS EVENTS							
	9/11yrs		12/13yrs		14/15yrs		16yrs+	
	CT	QT	CT	QT	CT	QT	CT	QT
50m Freestyle	47.8	35.9	42.9	32.1	41.5	29.1	40.6	28.3
100m Freestyle	01:48.0	1:17.8	01:37.2	1:08.9	01:31.2	1:03.1	01:27.6	1:01.2
200m Freestyle	03:58.7	2:48.8	03:41.2	2:30.1	03:27.5	2:17.2	03:22.5	2:13.2
400m Freestyle	08:53.0	5:53.3	08:21.8	5:16.4	07:55.8	4:50.1	07:44.1	4:42.1
50m Backstroke	55.6	41.2	46.9	36.5	43.8	33.1	42.1	31.9
100m Backstroke	02:03.6	1:27.6	01:46.8	1:17.3	01:40.8	1:09.8	01:40.8	1:07.8
200m Backstroke	04:33.7	3:06.9	04:10.0	2:45.9	03:53.7	2:30.4	03:50.0	2:26.5
50m Breaststroke	58.2	46.5	51.3	40.7	47.0	36.8	45.7	35.6
100m Breaststroke	02:18.0	1:40.1	02:03.6	1:27.4	01:58.8	1:19.1	01:54.0	1:16.6
200m Breaststroke	05:01.2	3:35.1	04:33.7	3:09.5	04:17.5	2:51.5	04:13.8	2:47.0
50m Butterfly	52.9	39.6	47.5	35.3	44.5	31.7	42.9	30.9
100m Butterfly	02:14.4	1:27.6	01:52.8	1:16.7	01:46.8	1:09.0	01:44.4	1:07.3
200m Butterfly	04:52.5	3:11.7	04:22.5	2:49.5	04:03.7	2:31.8	04:00.0	2:28.3
200m Ind Medley	04:41.3	3:11.0	04:20.0	2:50.4	04:07.5	2:34.3	04:05.0	2:30.3
400m Ind Medley	10:04.5	6:45.5	09:26.8	6:00.4	09:09.9	5:26.4	09:00.8	5:18.1

	GIRLS EVENTS							
	9/10yrs		11/12yrs		13/14yrs		15yrs+	
	CT	QT	CT	QT	CT	QT	CT	QT
50m Freestyle	48.5	38.5	43.7	34.7	42.5	32.4	41.5	31.7
100m Freestyle	01:45.9	1:24.6	01:39.3	1:14.3	01:36.0	1:09.5	01:34.4	1:08.3
200m Freestyle	04:05.7	3:00.4	03:47.5	2:39.9	03:39.5	2:29.6	03:32.3	2:26.6
400m Freestyle	09:20.9	6:22.2	08:41.5	5:33.0	08:18.3	5:12.5	08:08.9	5:06.2
50m Backstroke	57.1	43.8	49.4	39.3	46.7	36.5	45.2	35.9
100m Backstroke	02:00.0	1:35.2	01:54.0	1:22.7	01:49.2	1:17.0	01:46.6	1:15.3
200m Backstroke	04:49.1	3:21.8	04:21.3	2:56.3	04:08.5	2:44.8	04:04.1	2:41.1
50m Breaststroke	01:02.3	50.0	55.2	44.0	51.3	40.8	49.1	39.8
100m Breaststroke	02:24.0	1:48.8	02:08.9	1:34.4	02:02.2	1:26.5	02:01.0	1:25.1
200m Breaststroke	05:12.6	3:51.5	04:47.0	3:22.4	04:31.8	3:06.7	04:29.3	3:03.5
50m Butterfly	55.3	42.4	49.8	37.9	47.1	35.2	46.8	34.4
100m Butterfly	02:02.4	1:36.0	01:54.1	1:22.4	01:49.6	1:16.3	01:47.5	1:15.1
200m Butterfly	04:47.3	3:32.8	04:29.6	3:00.7	04:18.5	2:46.7	04:16.6	2:43.0
200m Ind Medley	05:01.4	3:25.6	04:31.5	3:00.6	04:23.7	2:48.7	04:20.4	2:45.5
400m Ind Medley	10:48.3	7:19.7	09:55.6	6:19.9	09:38.7	5:53.8	09:30.5	5:47.3

CT: Consideration time

QT: Qualifying Time

**Note :- If a swimmer has a time faster than the QT time, they will be guaranteed enter.**