

Gloucester City Swimming Club

Level 3 Open Meet

Sat 19 & Sun 20 June 2010



Promoter's Conditions

Introduction

The objective of this meet is to adhere to the British Swimming philosophy of providing competition for all and to meet the mission statement "Every swimmer has the opportunity to swim in appropriate, quality competition to enable them to achieve their true potential".

This competition is held under ASA Laws and ASA Technical Rules related to the discipline of racing.

Swimming/Spectator Area

For the purpose of this meet, Team Managers will be responsible for the conduct of their swimmers. It is therefore expected that Team Managers will remain in the seating areas and/or with their swimmers at all times.

The following requirements should be brought to the attention of competitors, team staff and spectators. Swimmers and spectator areas are separated although situated in the same block. Entry to the swimmers' area is through the changing village and onto poolside. Entry to the spectators' seating area is from the first floor. UNDER NO CIRCUMSTANCES (except when using as an evacuation route) SHOULD ENTRY TO THESE SEATING AREAS BE ACROSS THE DIVIDING TAPE.

The Promoters of this event will adhere strictly to the Health and Safety Laws 203-206. It should be noted that no-one will be permitted into the changing village, poolside or swimming/spectator seating area until the Promoters and/or Meet Referee are satisfied that these Health and Safety Rules have been met in full.

Data Protection

All data relating to the entry and results processing will be held on computer using Sportsystems software. Results of the meet will be sent to the ASA within 5 working days for the purposes of ranking.

Swimmer entries will be managed on a computer. By submitting entries, consent is thereby given, as required by the Data Protection Act 1998, to the holding of personal information on computer. Personal data will be available for inspection during the meet upon request.

Entries

Entries will be accepted on a "first come, first served" basis. The Promoter reserves the right to reject entries if events are over subscribed. The closing date for entries is **01 May 2010**. All swimmers wishing to enter this meet must be registered with the ASA and age will be as at **20 June 2010**. All events will be swum in combined age groups seeded on entry times. Submitted entries must be in accordance with the attached upper and lower limit schedule. **It is the responsibility of all swimmers/parents and coaches to enter correct times, as a random check will be done on the rankings database to check validity.**

For all entries, please supply an A4 SAE to enable us to return your acceptance/rejections and any other information as required. Club entries must be entered electronically details are available via our website or qcscopenmeets@btinternet.com

No entries will be accepted after the closing date (including replacement entries on the day). Refunds will be given to Sportsystem rejected entries only and not to invalid or incorrect entries and if you withdraw before the closing date.

THIS WILL BE A CARDLESS MEET. Clubs/swimmers will receive a printout of club/swimmer entries. Please ensure you check this for accuracy. All competitors must sign an entry form confirming the details required by ASA Law 407.2.1. .

Payment

For all club entries, one cheque please, made payable to **GCSC**. No cash accepted.

Pool

The competition pool is an 8-lane deck level 25m pool with a water depth of 2m throughout. Antiturbulence lane ropes (including at the sides) will be used and turning flags will be placed at both ends of the pool.

Timing

Electronic placing and timing will be used. Speakers are situated in the blocks on all lanes (Rule FR 4.3.3). It should be noted that timing pads are only situated at the finishing end of the pool. The operation of the electronic timing will be in accordance with Rule SW 13.

Heats

Race	Age Groups	
	Boys	Girls
50 m all strokes	9 yrs-16/0v	9 yrs-16/0v
100m all strokes	10 yrs-16/0v	10 yrs-16/0v
200m all strokes	9 yrs-16/0v	9 yrs-16/0v
400m freestyle	11 yrs-16/0v	11 yrs-16/0v

* All events will be Heat Declared.

Medals

Medals will be given to the top 3 in each age group for each event. Additionally, top girl, top boy and top Club trophies will be awarded using the point system as follows:

1st = 8 points, 2nd = 7 points, 3rd = 6 points, 4th = 5 points, 5th = 4 points, 6th = 3 points, 7th = 2 points and 8th = 1 point.

No swimmers who exceed the upper time limit will receive a medal; they will however receive a certificate of achievement.

The age groups are as follows: 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs and 16/0v.

Swimmers

All swimmers must report to the Competition Stewards when instructed to do so. Any competitor not reporting on time may be excluded.

Officials

Clubs are asked to provide at least one official (Timekeeper, Judge, Starter) and are asked to pass the details to Georgina Bartman at the following email address before 20th May 2010, gcscopenmeets@btinternet.com or telephone 01452 755113.

General

Where events are not covered by the above Conditions they will either be referred to the Meet Referee for a decision on technical issues or to the Promoter. The outcome of any decision will be based on ASA Law or Technical Rules or in the spirit of fairness and equity and will be announced accordingly.

Coach/Team Manager passes for the whole or part of the meet will be £20.00 per person, to include a programme, collected on the day at the inquiry desk. All results will be sent by email at the end of the Competition. Passes are restricted to a maximum of 4 per Club.

Lockers are available in the changing village (£1 coin operated) as no valuables should be left unattended. The Promoter cannot accept liability for any loss or damage that may occur.

*The Promoter will operate over the top starts in the interest of saving time.

*The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.

*The Promoter reserves the right to alter or amend any of the above conditions as required. Any situation not covered by the above Rules & Conditions will be handled at the discretion of the Promoter.

Gloucester City Swimming Club

Level 3 Open Meet

Held under ASA Technical Rules

19 & 20 June 2010



GL1, Gloucester Leisure Centre, Bruton Way, Gloucester, GL1 1DT

Programme of Events

Saturday 19 June 2010											
Session 1			Session 2			Session 3					
Warm-up			Warm-up			Warm-up					
Girls & Boys	8:30am - 8:55am		Boys	10:45am - 11:05am		Boys	2:30pm - 2:50pm				
			Girls	11:05am - 11:25am		Girls	2:50pm - 3:10pm				
Start Time: 9:00am			Start Time: 11:30am			Start Time: 3:15pm					
Finish Time: 10:20am			Finish Time: 1:30pm			Finish Time: 5:30pm					
Event 1	Girls	200m Free	Event 4	Boys	50m Breast	Event 10	Boys	50m Back			
Event 2	Boys	400m Free	Event 5	Girls	100m Fly	Event 11	Girls	200m IM			
Event 3	Girls	100m Back	Event 6	Boys	200m Back	Event 12	Boys	100m Free			
			Event 7	Girls	50m Free	Event 13	Girls	50m Fly			
			Event 8	Boys	100m IM	Event 14	Boys	200m Fly			
			Event 9	Girls	200m Breast	Event 15	Girls	100m Breast			

Sunday 20 June 2010											
Session 4			Session 5			Session 6					
Warm-up			Warm-up			Warm-up					
Boys & Girls	8:30am - 8:55am		Girls	10:45am - 11:05am		Girls	2:30pm - 2:50pm				
			Boys	11:05am - 11:25am		Boys	2:50pm - 3:10pm				
Start Time: 9:00am			Start Time: 11:30am			Start Time: 3:15pm					
Finish Time: 10:20am			Finish Time: 1:30pm			Finish Time: 5:30pm					
Event 16	Boys	200m Free	Event 19	Girls	50m Breast	Event 25	Girls	50m Back			
Event 17	Girls	400m Free	Event 20	Boys	100m Fly	Event 26	Boys	200m IM			
Event 18	Boys	100m Back	Event 21	Girls	200m Back	Event 27	Girls	100m Free			
			Event 22	Boys	50m Free	Event 28	Boys	50m Fly			
			Event 23	Girls	100m IM	Event 29	Girls	200m Fly			
			Event 24	Boys	200m Breast	Event 30	Boys	100m Breast			

Boys, Girls (10 yrs to 16/0v): All 200m events
 All 100m events
 All 50m events

Boys, Girls (11 yrs to 16/0v): 400M Free

Notes

1. All events are Heat Declared Winners.
2. Medal presentation will be held at the end of each session.

**Gloucester City Swimming Club Level 3 Open Meet
19 & 20 June 2010
Upper/Lower Limit Acceptance Times**

BOYS								EVENT	GIRLS							
9 years	10 years	11 years	12 years	13 years	14 years	15 years	16/over		9 years	10 years	11 years	12 years	13 years	14 years	15 years	16/over
55.00 40.60	49.50 37.50	48.50 35.10	47.50 32.90	46.50 30.80	45.50 29.30	44.00 28.20	43.50 27.70	50m Free UQT/LQT	50.00 40.80	48.50 37.60	48.00 35.20	47.00 33.30	46.25 32.00	45.70 31.20	40.00 30.80	38.00 30.50
	1.45.50 1:22.00	1.40.00 1:16.20	1.25.50 1:10.90	1.24.40 1:06.00	1.23.30 1:03.00	1.18.00 1:00.90	1.17.00 59.90	100m Free UQT/LQT		1.58.00 1:22.20	1.50.00 1:15.70	1.42.50 1:11.10	1.35.50 1:08.40	1.25.50 1:06.90	1.21.30 1:06.00	1.20.00 1:05.40
4.00.00 3:16.60	3.58.00 2:57.50	3.56.00 2:45.60	3.54.00 2:34.00	3.52.00 2:24.20	3.50.00 2:16.80	3.45.00 2:12.50	3.40.00 2:10.30	200m Free UQT/LQT	4.00.00 3:16.70	3.58.00 2:55.50	3.57.00 2:43.30	3.55.00 2:33.30	3.54.00 2:26.80	5.52.00 2:24.10	3.48.00 2:21.90	3.46.00 2:20.50
		7.31.50 5.46.30	7.11.50 5.22.40	6.50.50 5.02.80	6.30.50 4.49.00	6.10.50 4.39.90	6.05.50 4.35.20	400m Free UQT/LQT			7.25.50 5.39.70	7.05.50 5.18.60	6.40.50 5.06.00	6.20.50 4.58.08	6.15.50 4.56.20	6.00.50 4.54.40
1.22.50 53.40	1.18.00 49.00	1.16.50 45.50	1.14.00 42.20	1.12.50 38.90	1.10.00 37.00	1.08.50 35.50	1.06.50 34.81	50m Breast UQT/LQT	1.18.00 53.60	1.16.00 48.50	1.14.00 45.00	1.12.00 42.30	1.08.00 40.30	1.06.00 39.30	1.04.00 38.50	1.02.00 38.40
	2.15.00 1:46.70	2.10.00 1:38.00	1.54.70 1:30.60	1.51.70 1:23.70	1.48.00 1:19.40	1.42.00 1:16.50	1.40.00 1:14.80	100m Breast UQT/LQT		2.15.00 1:45.70	2.00.00 1:36.70	1.56.50 1:30.40	1.55.50 1:26.00	1.52.00 1:23.20	1.50.00 1:22.20	1.48.00 1:22.00
5.25.00 4:11.40	5.15.00 3:49.20	4.55.00 3:31.80	4.45.00 3:15.80	4.35.00 3:01.70	4.25.00 2:51.60	4.15.00 2:45.80	4.05.00 2:49.90	200m Breast UQT/LQT	6.10.00 4:09.80	6.00.00 3:45.30	5.50.00 3:27.20	5.40.00 3:13.90	5.30.00 3:04.20	5.20.00 2:59.40	5.10.00 2:57.40	5.00.00 2:56.80
1.20.00 46.10	1.15.00 41.90	1.10.00 38.90	1.05.00 36.40	1.00.50 34.00	55.00 32.10	50.00 30.70	49.00 30.20	50m Fly UQT/LQT	1.15.00 46.40	1.10.00 41.30	1.05.00 38.70	1.00.00 36.50	55.00 34.80	53.00 34.00	52.00 33.40	50.00 33.20
	2.20.00 1:34.80	2.10.00 1:26.20	2.05.00 1:19.50	1.55.00 1:13.80	1.53.00 1:09.50	1.51.00 1:06.70	1.45.00 1:05.80	100m Fly UQT/LQT		2.25.00 1:33.30	2.15.00 1:24.90	2.10.50 1:19.00	2.05.00 1:15.70	1.55.00 1:13.40	1.45.00 1:12.80	1.42.00 1:12.20
5.15.00 4:04.50	5.10.00 3:30.20	5.05.00 3:08.90	5.00.00 2:55.50	4.55.00 2:42.90	4.50.00 2:33.90	4.30.00 2:27.00	4.20.00 2:24.90	200m Fly UQT/LQT	5.15.00 4:05.40	5.10.00 3:27.90	5.08.00 3:07.40	5.06.00 2:53.90	5.04.00 2:45.70	5.00.00 2:40.50	4.45.00 2:38.00	4.40.00 2:37.30
59.50 47.10	58.20 43.30	57.50 40.50	56.50 37.80	55.50 35.20	53.50 33.50	52.50 32.00	50.50 31.30	50m Back UQT/LQT	59.50 47.20	58.20 42.60	57.50 39.90	56.50 37.70	55.50 36.10	54.50 35.30	52.50 34.80	50.50 34.40
	2.10.00 1:33.90	2.00.00 1:26.00	1.56.00 1:19.90	1.50.00 1:14.30	1.45.00 1:10.10	1.40.00 1:07.60	1.38.00 1:06.40	100m Back UQT/LQT		2.15.00 1:32.80	2.05.00 1:24.90	1.59.50 1:19.30	1.56.40 1:15.80	1.54.20 1:14.30	1.42.50 1:12.90	1.40.50 1:12.50
5.00.50 3:37.90	4.55.00 3:18.90	4.45.00 3:03.80	4.30.00 2:51.00	4.20.00 2:39.40	4.10.00 2:30.80	3.55.00 2:25.60	3.50.00 2:23.40	200m Back UQT/LQT	5.00.00 3:37.90	4.50.00 3:16.30	4.45.00 2:59.60	4.40.00 2:49.30	4.35.00 2:42.60	4.30.00 2:38.40	4.15.00 2:35.80	4.05.00 2:34.60
4.15.00 3:43.40	4.05.00 3:23.00	4.00.00 3:07.70	3.50.00 2:54.60	3.30.00 2:43.50	3.20.00 2:34.40	3.10.00 2:29.00	3.05.00 2:26.80	200m IM UQT/LQT	4.05.00 3:42.60	3.55.00 3:19.80	3.48.00 3:04.00	3.28.80 2:52.80	3.22.50 2:46.30	3.10.00 2:42.10	3.00.00 2:39.80	2.55.50 2:39.20
	2.15.00 1:35.30	2.10.00 1:29.40	2.05.00 1:23.50	2.00.00 1:17.50	1.55.00 1:13.20	1.50.00 1:10.50	1.45.00 1:08.90	100m IM UQT/LQT		2.05.00 1:34.90	2.00.00 1:27.70	1.55.00 1:23.00	1.45.00 1:19.10	1.35.00 1:17.50	1.28.00 1:16.50	1.25.00 1:15.60

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GL1, Gloucester Leisure Centre, Bruton Way, Gloucester, GL1 1DT



Please enter events as you require

MALE / FEMALE

Surname	First Name	2nd Initial
DOB		Age as at 21st June 2009
ASA No	Swimming Club	

Event	Entry Time
50m Freestyle	
100m Freestyle	
200m Freestyle	
400m Freestyle	
50m Backstroke	
100m Backstroke	
200m Backstroke	
50m Breaststroke	
100m Breaststroke	
200m Breaststroke	
50m Fly	
100m Fly	
200m Fly	
100m Ind Medley	
200m Ind Medley	

Boys and Girls (10 yrs to 16/0v):
All 200m, 100m & 50m Events

Boys and Girls (9yrs):
All 200m & 50m Events

Boys and Girls (11 yrs to 16/0v):
400m Freestyle

Closing Date of Competition
Friday 01 May 2010

Payment:

If you are entering through your own club, please hand in this form and a cheque made payable to that club.

or

If your own club is not competing, please return this form to the address below with a cheque made payable to

GCSC.

(Please See the Promoter's conditions for further information or visit our website:
www.gcsc.org.uk)

Return To:
Georgina Bartman (GCSC)
2 Bell Orchard
Arlingham
Glos
GL2 7JS

Total no of events entered	=	@ £5.00 per event	=	£
Total no of Coach passes/Team Manager passes (max 4 per club)	=	@ £20.00 each	=	£
Total				£

I confirm that I accept the Promoter's conditions; I am an eligible swimmer as defined in ASA Law and proficient in the execution where necessary, of performing entry dives in accordance with ASA recommendations.

Competitor's signature:-----

Parent signature for competitors under 18yrs:-----