



SWIM WALES
SOUTH EAST WALES REGION



Regional
Development Age Group Meet
2008

SEW Regional Pool
Newport International Sports Village
Newport

Saturday 26th July 2008

Warm up 8.45 am

EVENT INFORMATION AND ENTRY FORMS

Meet Information

For **Relay Age Groups** please see Competition Rules 2 & 3

Events

Girls 10 years; Girls 11 years; Boys 11 years: Boys 12 years

100 metres on all four strokes
200 metres Individual Medley
4 x 50 metres Freestyle Relay
4 x 50 metres Medley relay

Girls 9 years: Boys 10 years

50 metres on all four strokes
200 metres Individual Medley
4 x 50 metres Freestyle Relay
4 x 50 metres Medley Relay

Girls 7/8 years; Boys 7/9 years

25 metres on all four strokes
100 metres Individual Medley
4 x 25 metres Freestyle Relay
4 x 25 metres Medley Relay

Session Times

There will be 3 sessions, times to be confirmed following receipt of entries.

Entries, together with Summary Sheet and Entry fees, to be sent to:
Mrs S Roberts, 4 Wallis Close, Osbaston Park, Monmouth NP25 3NS

E Mail: smr4wc@lineone.net

Tel: 01600 713505

Please enclose a SAE for confirmation of entries.

Closing Date: Monday 30th June 2008



Competition Rules

1. The swimmer by entering this Meet enters all the four stroke events (frontcrawl, backstroke, breaststroke, butterfly) and the Individual Medley.
2. The entry fee shall be £8 per swimmer for 5 events and £5 per relay team.
3. The events to be HDW, seeded based on submitted times. The Meet Director, with the Referee may decide to move swimmers into adjacent lanes if swimmers fail to report to marshalling.
4. Age shall be as on the 31st July 2008.
5. Swimmers must have achieved the standard of the Competitive Start Award, in order that they start the events by a dive either from the side of the pool or the Starting Blocks, otherwise they must start in the water. It is the responsible of the coach to ensure the swimmer has reached the standard of the Competitive Start Award.
6. Points will be awarded to the top eight places for each event. Total points will be ranked fastest to slowest, and awards presented to the top three places in each age group, providing the swimmer has competed in all 5 events. Every swimmer will receive a medal for competing.
7. In the event of a disqualification, the swimmer will be given the time of the slowest ranked swimmer in that event plus 5 seconds.
8. Clubs entering the relays must declare the team, including dates of birth, during the warm up of the first session.
9. The older age groups for relay events will be combined. Girls will be 10 & 11 yrs and Boys 11 & 12 yrs.
10. Clubs will be eligible to swim no more than 2 swimmers up to the next age group for Freestyle and Medley Relays.
11. The competition will be run under FINA (Swim Wales) Rules & Laws.



Meet Conditions

1. All coaches and chaperones must have the relevant accreditation and be a registered member of Swim Wales. CRB, Swim Wales membership cards and proof of ID may be requested. Poolside safety must be adhered to at all times.
2. All competitors must be affiliated to the Club they are representing in SEW Region.
3. Swimmers, who are registered through the Water Dragon Programme, must have dual membership to a Swim Wales SEW affiliated Club.
4. No refunds will be made.
5. The use of mobile phones within the pool complex will be strictly prohibited.
6. Anyone wishing to use cameras or videoing equipment will be required to provide proof of identity and sign the camera log.
7. In the case of an emergency, everyone is required to follow the instructions given by poolside staff.
8. All valuables and belongings will be the responsibility of the owner.
9. The Regional Panel, with the Meet Management, reserves the right to restrict the number of entries.
10. The Regional Panel, with the Meet Management, reserves the right to amend any of the Competition Rules or Meet Information.
11. The Meet Management reserves the right to remove anyone from the building for misconduct and will inform Swim Wales.
12. The Region hosting this meet will be using computers for recording entries and results. By submission of these entries and accepting these conditions, consent is hereby given to the holding of personal information on the computer(s). (As required under the Data Protection Act 1984). Information may be published following the Meet.

Regional Development Age Group Meet

ENTRY FORM

Name(in full):-

Age (On 31/7/08).....

Male/FemaleDate Of Birth

Address

.....

Post Code Tel No.

Name of Club

Swim Wales Registration Number

Event Number	Distance	Stroke	Entry Time

Entry Fee £8.00. Cheques payable to 'SEW Region Swim Wales'

TO BE COMPLETED BY THE COMPETITOR :

I declare that the above particulars are correct and agree to abide by the conditions laid down. I accept that there will be no refunds.

SIGNATURE OF COACH:

Date :

SIGNATURE OF PARENT/GUARDIAN.....

Date:

Closing Date: Monday 30th June 2008



Regional Development Age Group Meet
INDIVIDUAL COACH/CHAPERONE PASS
26th July 2008

PLEASE COMPLETE THIS FORM IN BLOCK CAPITALS

FULL NAME:
NAME OF CLUB:
POSITION Eg Club Coach.....
ADDRESS:.....
.....POST CODE:
TEL NO:
EMAIL:.....
SWIM WALES MEMBERSHIP NUMBER:.....
CRB NUMBER:..... DATE OF ISSUE:.....

PLEASE NOTE: Only members affiliated to Swim Wales will be eligible for a coaches pass. Please send a cheque for £5, made payable to 'SEW Region Swim Wales' together with a passport photograph.

Closing Date: Monday 30th June 2008

ONLY APPLICATIONS WITH A PHOTOGRAPH WILL BE ACCEPTED.

**NO PASSES WILL BE AVAILABLE ON THE DAY. THEY MUST BE
PURCHASED BEFOREHAND.**

**THERE WILL BE NO ACCESS TO THE CHANGING VILLAGE OR
POOLSIDE WITHOUT A COACH PASS**



Regional Development Age Group Meet

RELAY ENTRY FORM

Club:.....

Age Group	Event	Submitted Time
Girls 7/8 years	4 x 25 Freestyle Relay	
Girls 7/8 years	4 x 25 Medley Relay	
Boys 7/9 years	4 x 25 Freestyle Relay	
Boys 7/9 years	4 x 25 Medley Relay	
Girls 9 years	4 x 50 Freestyle Relay	
Girls 9 years	4 x 50 Medley Relay	
Boys 10 years	4 x 50 Freestyle Relay	
Boys 10 years	4 x 50 Medley Relay	
Girls 10/11 years	4 x 50 Freestyle Relay	
Girls 10/11 years	4 x 50 Medley Relay	
Boys 11/12 years	4 x 50 Freestyle Relay	
Boys 11/12 years	4 x 50 Medley Relay	

..... TEAMS at £5 = £.....

TO BE COMPLETED BY THE CLUB COACH.

I declare that all the above competitors have reached the standard of the ASA Competitive Start Award and are permitted to start with a shallow racing dive from the starting blocks into shallow water of between 0.9 metres and 1.5 metres.

Signed.....

If you are unable to sign the above declaration in respect of any swimmer, that swimmer must start in the water - see Safety Guidelines for Competitive Swimming issued by Swim Wales.

Closing Date: Monday 30th June 2008



Regional Development Age Group Meet

Entry Summary Sheet

Please return this form with:

1. Electronic Summary Sheet/Entry Forms
2. Cheque/s made payable to SEW Region Swim Wales
3. Coach/Chaperone Pass applications
4. SAE for confirmation of entries

Club			
Name			
Address			
Post Code		Tel No	
Email			
Position in Club			

Summary

Total Individual Female Swimmers		Total Individual Male Swimmers	
	Number		
Total Individual Entries		@ £8.00	£
Total Relay Entries		@ £5.00	£
Total Coaches Passes		@ £5.00	£
Total Cheque Enclosed made payable to SEW Region Swim Wales			£

It is requested that a single cheque for the complete club entry is submitted.

I confirm all swimmers are current members of Swim Wales and have paid the appropriate membership fee.

I declare that only our team members who have reached the standard of the ASA Competitive Start Award will be permitted to start from the poolside. Those who have not will start in the water.

I confirm all the Meet Conditions have been brought to the attention of swimmers, parents/guardians and coaches including the rules regarding photography.

I agree to abide by the conditions laid down by the Meet Management for this event.

Club Secretary Signature

Date:

Closing Date Monday 30th June 2008

SOUTH EAST WALES REGIONAL DEVELOPMENT MEET **PROGRAMME OF EVENTS**

Event No	Age	M/F	Distance	Stroke	
1	11,12	M	100m	Freestyle	HDW
2	10,11	F	100m	Freestyle	HDW
3	10	M	50m	Breaststroke	HDW
4	9	F	50m	Breaststroke	HDW
5	7/9	M	25m	Backstroke	HDW
6	7/8	F	25m	Backstroke	HDW
7	11,12	M	100m	Butterfly	HDW
8	10,11	F	100m	Butterfly	HDW
9	10	M	50m	Freestyle	HDW
10	9	F	50m	Freestyle	HDW
11	7/9	M	25m	Breaststroke	HDW
12	7/8	F	25m	Breaststroke	HDW
13	11/12	M	4x50m	Freestyle Relay	HDW
14	10/11	F	4x50m	Freestyle Relay	HDW
15	10	M	4x50m	Freestyle Relay	HDW
16	9	F	4x50m	Freestyle Relay	HDW
17	7/9	M	4x25m	Freestyle Relay	HDW
18	7/8	F	4x25m	Freestyle Relay	HDW
19	11,12	M	200m	Ind Medley	HDW
20	10,11	F	200m	Ind Medley	HDW
21	10	M	200m	Ind Medley	HDW
22	9	F	200m	Ind Medley	HDW
23	7/9	M	100m	Ind Medley	HDW
24	7/8	F	100m	Ind Medley	HDW
25	11,12	M	100m	Breaststroke	HDW
26	10,11	F	100m	Breaststroke	HDW
27	10	M	50m	Butterfly	HDW
28	9	F	50m	Butterfly	HDW
29	7/9	M	25m	Freestyle	HDW
30	7/8	F	25m	Freestyle	HDW
31	11,12	M	100m	Backstroke	HDW
32	10,11	F	100m	Backstroke	HDW
33	10	M	50m	Backstroke	HDW
34	9	F	50m	Backstroke	HDW
35	7/9	M	25m	Butterfly	HDW
36	7/8	F	25m	Butterfly	HDW
37	11/12	M	4x50m	Med Relay	HDW
38	10/11	F	4x50m	Med Relay	HDW
39	10	M	4x50m	Med Relay	HDW
40	9	F	4x50m	Med Relay	HDW
41	7/9	M	4x25m	Med Relay	HDW
42	7/8	F	4x25m	Med Relay	HDW
43	Cannon	M/F	8x25m	Freestyle	HDW



EVENT NOTES PAGE