

**Gloucester City Swimming Club**  
**Level 3 Open Meet**  
**Sat 21 & Sun 22 June 2008**



**Promoter's Conditions**

**Introduction**

The objective of this meet is to adhere to the British Swimming philosophy of providing competition for all and to meet the mission statement "Every swimmer has the opportunity to swim in appropriate, quality competition to enable them to achieve their true potential".

This competition is held under ASA Laws and ASA Technical Rules related to the discipline of racing.

**Swimming/Spectator Area**

For the purpose of this meet, Team Managers will be responsible for the conduct of their swimmers. It is therefore expected that Team Managers will remain in the seating areas and/or with their swimmers at all times.

The following requirements should be brought to the attention of competitors, team staff and spectators. Swimmers and spectator areas are separated although situated in the same block. Entry to the swimmers' area is through the changing village and onto poolside. Entry to the spectators' seating area is from the first floor. **UNDER NO CIRCUMSTANCES (except when using as an evacuation route) SHOULD ENTRY TO THESE SEATING AREAS BE ACROSS THE DIVIDING TAPE.**

The Promoters of this event will adhere strictly to the Health and Safety Laws 203-206. It should be noted that no-one will be permitted into the changing village, poolside or swimming/spectator seating area until the Promoters and/or Meet Referee are satisfied that these Health and Safety Rules have been met in full.

**Data Protection**

All data relating to the entry and results processing will be held on computer using Sportsystems software. Results of the meet will be sent to the ASA within 5 working days for the purposes of ranking.

Swimmer entries will be managed on a computer. By submitting entries, consent is thereby given, as required by the Data Protection Act 1984, to the holding of personal information on computer. Personal data will be available for inspection during the meet upon request.

**Entries**

Entries will be accepted on a "first come, first served" basis. The Promoter reserves the right to reject entries if events are over subscribed. The closing date for entries is **18 May 2008**. All swimmers wishing to enter this meet must be registered with the ASA and age will be as at **22 June 2008**. All events will be swum in combined age groups seeded on entry times. Submitted entries must be in accordance with the attached upper limit schedule.

No entries will be accepted after the closing date (including replacement entries on the day). Refunds will be given to Sportsystem rejected entries only and not to invalid or incorrect entries and if you withdraw before the closing date.

**THIS WILL BE A CARDLESS MEET.** Clubs/swimmers will receive a printout of club/swimmer entries. Please ensure you check this for accuracy. All competitors must sign an entry form confirming the details required by ASA Law 407.2.1. For all entries, please supply an **A4 SAE** to enable us to return your acceptance/rejections and any other information as required.

**Payment**

For all club entries, one cheque please, made payable to **GCSC**. No cash accepted.

**Pool**

The competition pool is an 8-lane deck level 25m pool with a water depth of 2m throughout. Antiturbulence lane ropes (including at the sides) will be used and turning flags will be placed at both ends of the pool.

## **Timing**

Electronic placing and timing will be used. Speakers are situated in the blocks on all lanes (Rule FR 4.3.3). It should be noted that timing pads are only situated at the finishing end of the pool. The operation of the electronic timing will be in accordance with Rule SW 13.

## **Heats**

<b>Race</b>	<b>Age Groups</b>	
	<b>Boys</b>	<b>Girls</b>
50 m all strokes	9 yrs-16/0v	9 yrs-16/0v
100m all strokes	9 yrs-16/0v	9 yrs-16/0v
200m all strokes	9 yrs-16/0v	9 yrs-16/0v
400m freestyle	11 yrs-16/0v	11 yrs-16/0v

\* All events will be Heat Declared.

## **Medals**

Medals will be given to the top 3 in each age group for each event. Additionally, top girl, top boy and top Club trophies will be awarded using the point system as follows:

1st = 8 points, 2nd = 7 points, 3rd = 6 points, 4th = 5 points, 5th = 4 points, 6th = 3 points, 7th = 2 points and 8th = 1 point.

No swimmers who exceed the upper time limit will receive a medal; they will however receive a certificate of achievement.

The age groups are as follows: 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs and 16/0v.

## **Swimmers**

All swimmers must report to the Competition Stewards when instructed to do so. Any competitor not reporting on time may be excluded.

## **Officials**

Clubs are asked to provide at least one official (Timekeeper, Judge, Starter) and are asked to pass the details to Sandra Piddington at the following email address before 1 June 2008, [msep@fsmail.net](mailto:msep@fsmail.net) or telephone 01452 305264.

## **General**

Where events are not covered by the above Conditions they will either be referred to the Meet Referee for a decision on technical issues or to the Promoter. The outcome of any decision will be based on ASA Law or Technical Rules or in the spirit of fairness and equity and will be announced accordingly.

Coach/Team Manager passes for the whole or part of the meet will be £20.00 per person, to include a programme, collected on the day at the inquiry desk. All results will be sent by email at the end of the Competition. Passes are restricted to a maximum of 4 per Club.

Lockers are available in the changing village (£1 coin operated) as no valuables should be left unattended. The Promoter cannot accept liability for any loss or damage that may occur.

\*The Promoter will operate over the top starts in the interest of saving time.

\*The Promoter reserves the right to refuse admission to any spectator, swimmer or coach.

\*The Promoter reserves the right to alter or amend any of the above conditions as required. Any situation not covered by the above Rules & Conditions will be handled at the discretion of the Promoter.

# Gloucester City Swimming Club Level 3 Open Meet

Held under ASA Technical Rules

**21 & 22 June 2008**



GL1, Gloucester Leisure Centre, Bruton Way, Gloucester, GL1 1DT

## Programme of Events

Saturday 21 June 2008											
<b>Session 1</b>				<b>Session 2</b>				<b>Session 3</b>			
Warm-up				Warm-up				Warm-up			
Girls & Boys	8:30am - 8:55am			Boys	10:45am - 11:05am			Boys	2:30pm - 2:50pm		
				Girls	11:05am - 11:25am			Girls	2:50pm - 3:10pm		
Start Time: 9:00am				Start Time: 11:30am				Start Time: 3:15pm			
Finish Time: 10:20am				Finish Time: 1:30pm				Finish Time: 5:30pm			
Event 1	Girls	200m Free		Event 4	Boys	50m Breast		Event 10	Boys	50m Back	
Event 2	Boys	400m Free		Event 5	Girls	100m Fly		Event 11	Girls	200m IM	
Event 3	Girls	100m Back		Event 6	Boys	200m Back		Event 12	Boys	100m Free	
				Event 7	Girls	50m Free		Event 13	Girls	50m Fly	
				Event 8	Boys	100m IM		Event 14	Boys	200m Fly	
				Event 9	Girls	200m Breast		Event 15	Girls	100m Breast	
Sunday 22 June 2008											
<b>Session 4</b>				<b>Session 5</b>				<b>Session 6</b>			
Warm-up				Warm-up				Warm-up			
Boys & Girls	8:30am - 8:55am			Girls	10:45am - 11:05am			Girls	2:30pm - 2:50pm		
				Boys	11:05am - 11:25am			Boys	2:50pm - 3:10pm		
Start Time: 9:00am				Start Time: 11:30am				Start Time: 3:15pm			
Finish Time: 10:20am				Finish Time: 1:30pm				Finish Time: 5:30pm			
Event 16	Boys	200m Free		Event 19	Girls	50m Breast		Event 25	Girls	50m Back	
Event 17	Girls	400m Free		Event 20	Boys	100m Fly		Event 26	Boys	200m IM	
Event 18	Boys	100m Back		Event 21	Girls	200m Back		Event 27	Girls	100m Free	
				Event 22	Boys	50m Free		Event 28	Boys	50m Fly	
				Event 23	Girls	100m IM		Event 29	Girls	200m Fly	
				Event 24	Boys	200m Breast		Event 30	Boys	100m Breast	

Boys, Girls (9 yrs to 16/0v): All 200m events  
All 100m events  
All 50m events

Boys, Girls (11 yrs to 16/0v): 400M Free

### Notes

1. All events are Heat Declared Winners.
2. Medal presentation will be held at the end of each session.



**Gloucester City Swimming Club Level 3 Open Meet  
21 & 22 June 2008  
Upper Limit Acceptance Times**

BOYS								EVENT	GIRLS							
9 years	10 years	11 years	12 years	13 years	14 years	15 years	16/over		9 years	10 years	11 years	12 years	13 years	14 years	15 years	16/over
40.6	37.5	35.1	32.9	30.8	29.3	28.2	27.7	50m Free	40.8	37.6	35.2	33.3	32	31.2	30.8	30.5
1:31.6	1:22.0	1:16.2	1:10.9	1:06.0	1:03.0	1:00.9	59.9	100m Free	1:32.8	1:22.2	1:15.7	1:11.1	1:08.4	1:06.9	1:06.0	1:05.4
3:16.6	2:57.5	2:45.6	2:34.0	2:24.2	2:16.8	2:12.5	2:10.3	200m Free	3:16.7	2:55.5	2:43.3	2:33.3	2:26.8	2:24.1	2:21.9	2:20.5
		5:46.3	5:22.4	5:02.8	4:49.0	4:39.9	4:35.2	400m Free			5:39.7	5:18.6	5:06.0	4:59.8	4:56.2	4:54.4
53.4	49	45.5	42.2	38.9	37	35.5	34.8	50m Breast	53.6	48.5	45	42.3	40.3	39.3	38.5	38.4
1:59.9	1:46.7	1:38.0	1:30.6	1:23.7	1:19.4	1:16.5	1:14.8	100m Breast	1:59.2	1:45.7	1:36.7	1:30.4	1:26.0	1:23.2	1:22.2	1:22.0
4:11.4	3:49.2	3:31.8	3:15.8	3:01.7	2:51.6	2:45.8	2:49.9	200m Breast	4:09.8	3:45.3	3:27.2	3:13.9	3:04.2	2:59.4	2:57.4	2:56.8
46.1	41.9	38.9	36.4	34	32.1	30.7	30.2	50m Fly	46.4	41.3	38.7	36.5	34.8	34	33.4	33.2
1:51.2	1:34.8	1:26.2	1:19.5	1:13.8	1:09.5	1:06.7	1:05.8	100m Fly	1:51.3	1:33.3	1:24.9	1:19.0	1:15.7	1:13.4	1:12.8	1:12.2
4:04.5	3:30.2	3:08.9	2:55.5	2:42.9	2:33.9	2:27.0	2:24.9	200m Fly	4:05.4	3:27.9	3:07.4	2:53.9	2:45.7	2:40.5	2:38.0	2:37.3
47.1	43.3	40.5	37.8	35.2	33.5	32	31.3	50m Back	47.2	42.6	39.9	37.7	36.1	35.3	34.8	34.4
1:43.2	1:33.9	1:26.0	1:19.9	1:14.3	1:10.1	1:07.6	1:06.4	100m Back	1:44.5	1:32.8	1:24.9	1:19.3	1:15.8	1:14.3	1:12.9	1:12.5
3:37.9	3:18.9	3:03.8	2:51.0	2:39.4	2:30.8	2:25.6	2:23.4	200m Back	3:37.9	3:16.3	2:59.6	2:49.3	2:42.6	2:38.4	2:35.8	2:34.6
3:43.4	3:23.0	3:07.7	2:54.6	2:43.5	2:34.4	2:29.0	2:26.8	200m IM	3:42.6	3:19.8	3:04.0	2:52.8	2:46.3	2:42.1	2:39.8	2:39.2
1:44.2	1:35.3	1:29.4	1:23.5	1:17.5	1:13.2	1:10.5	1:08.9	100m IM	1:44.7	1:34.9	1:27.7	1:23.0	1:19.1	1:17.5	1:16.5	1:15.6

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GL1, Gloucester Leisure Centre, Bruton Way, Gloucester, GL1 1DT

Please enter events as you require

MALE  / FEMALE

Surname	First Name	2 <sup>nd</sup> Initial
DOB		Age as at 22 June 2008
ASA No	Swimming Club	

Event	Entry Time
50m Freestyle	
100m Freestyle	
200m Freestyle	
400m Freestyle	
50m Backstroke	
100m Backstroke	
200m Backstroke	
50m Breaststroke	
100m Breaststroke	
200m Breaststroke	
50m Fly	
100m Fly	
200m Fly	
100m Ind Medley	
200m Ind Medley	

Boys and Girls (9 yrs to 16/0v):  
All 200m, 100m & 50m Events

Boys and Girls (11 yrs to 16/0v):  
400m Freestyle

Closing Date of Competition  
**Friday 18 May 2008**

Payment:

If you are entering through your own club,  
please hand in this form and a cheque made  
payable to that club.

**or**

If your own club is not competing, please return this  
form to the address below with a cheque made  
payable to **GCSC**.

(Please See the Promoter's conditions for further  
information or visit our website:  
[www.gcsc.org.uk](http://www.gcsc.org.uk))

Return To:

Sandra Piddington (GCSC)  
32 Ennerdale Avenue  
Longlevens  
Gloucester  
GL2 0EF

Total no of events entered	=	@ £4.00 per event	=	£
Total no of Coach passes/Team Manager passes (max 4 per club)	=	@ £20.00 each	=	£
<b>Total</b>				<b>£</b>

I confirm that I accept the Promoter's conditions; I am an eligible swimmer as defined in ASA Law and proficient in the execution where necessary, of performing entry dives in accordance with ASA recommendations.

Competitor's signature: -----

Parent signature for competitors under 18yrs:-----