

The 2006 Club Championships

11th, 14th, 16th, 18th and 19th November 2006

Our annual Club Championships have changed!!! We are now using a recognized programme of events as recommended by Swim Wales to bring us into line with all other clubs, and enable our swimmers to gain times needed for Open Meet entries.

Awards – Trophies & Medals

There is a new structure to how Club Championship trophies and medals will be awarded. There will no longer be a trophy and top 3 place medals for each individual event.

There will now be “Champion” trophies and medals for each distance, and they will be awarded to Individual age groups E.g. 8/u, 9, 10, 11, 12, 13, 14, and 15/+.

There will be an additional trophy and medals for each IM Champion.

Points will be awarded according to finishing positions/times for each event, and the age groups will be separated out.

Example: 10/u age group have 4x 50m, 4x 100m and 3x 200m races available to them, which means that there are 6 award categories available for both Boys and Girls. 9 yr boys will have a 50m, 100m and 200m Champion and so will the 10 yr old boys. The same applies to the girls. Gold, silver and bronze medals will be awarded in each individual age group.

The full list of new Championship awards available to compete for is as follows:

50m Champion	Girls 8/u, 9, 10, 11, 12, 13,14,and 15+	Based on performance in all 4 50m stroke events
50m Champion	Boys 8/u, 9, 10, 11, 12, 13,14,and 15+	
100m Champion	Girls 9,10,11,12,13,14 and 15+	Based on performance in all 4 100m stroke events
100m Champion	Boys 9,10,11,12,13,14 and 15+	
200m Champion	Girls 9,10,11,12,13,14 and 15+	200m Fly not available to 9 & 10's so will be awarded on performance from 3 events in those age groups. All other age groups will be based on performance in all 4 200m events.
200m Champion	Boys 9,10,11,12,13,14 and 15+	
100m I.M. Sprint Champion	Girls 8/u, 9, 10, 11, 12, 13,14,and 15+	
	Boys 8/u, 9, 10, 11, 12, 13,14,and 15+	
200m I.M. Middle Distance champion	Girls 9, 10, 11, 12, 13,14,and 15+	
	Boys 9, 10, 11, 12, 13,14,and 15+	
400m I.M Long Distance Champion	Girls Senior 12+ only	
	Boys Senior 12+ only	
800m Freestyle GIRLS Champion	Girls Senior 12+ only	
1500m Freestyle BOYS Champion	Boys Senior 12+ only	
400m Freestyle Champion	Girls 11/12 (Junior) 13+ (Senior)	
	Boys 11/12 (Junior) 13+ (Senior)	

THIS IS THE MAIN EVENT OF OUR YEAR AND YOUR COACHES WANT TO SEE YOU TAKING PART!!!

We feel that this is a fairer way to award the trophies across the age groups and should encourage swimmers to enter more events.

The Club Championships are always subsidized by club funds and with the introduction of all the extra events; it would not be financially viable to provide trophies and medals for every individual event. It would also have taken about 3 hours to read all the results on presentation night! Because of this, we have used the format adopted by most of the top clubs in the area, and hope it will prove to be challenging and successful. Please note that there will still be some increase to the overall number of trophies that will be awarded with this new format.

General Information

There will also be a **“30th Anniversary Award’s Presentation Evening”** which this year includes a disco. It is 30th years since the Club was founded! This evening will be held at Chepstow Rugby Club at 6pm after the last championship session on Sunday 19th November. Further information about this evening will be available shortly.

Some sessions of our Club Championships will be held at Lydney pool as they have a 5 lane 25m pool, which will enable us to run 50m events and 100m & 200m IM, which are impossible in our own 20m pool.

Entry Fee for swimmers will be **£1.50 per Event**.

It is important for the Club and Swimmers to **enter as many Events as possible to get up to date times over these distances**. All swimmer selections for squad places in the team are earned by swimming and gaining good PBs (personal best times). The Club Championships are an ideal friendly time to do this.

Closing Date for Entries –10th October 2006

(Please note - there will be NO LATE ENTRIES OR CHANGES MADE ON THE DAY)

Part One – Saturday 11th November at LYDNEY 3.00pm-6.00pm
Part Two – Tuesday 14th November at CHEPSTOW 6.00pm-7.30pm
Part Three - Thursday 16th November at CHEPSTOW 6.00pm-7.15pm
Part Four - Saturday 18th November at CHEPSTOW 8.30am-9.30am (morning)
Part Five - Sunday 19th November at LYDNEY 1.00pm-4.00pm

PRESENTATIONS - Sunday 19th November at Chepstow Rugby Club 6.00pm-10.00pm

PLEASE NOTE THAT THE EVENTS ON 14TH AND 16TH NOVEMBER ARE FOR SENIOR SWIMMERS ONLY. BUT WE WOULD LIKE AS MANY SWIMMERS AS POSSIBLE TO COME AND WATCH AND CHEER FOR THE COMPETITORS IN THESE ENDURANCE EVENTS. THEY CAN SEE WHAT THEY CAN AIM TO COMPETE IN, IN FUTURE YEARS.

Spectators are welcome.

Please note Spectators will be sitting inside the pool area where no outdoor shoes are to be worn.

Entrance Fees on Saturday 11th/ Sunday 19th

- **Adults** - £2.00 which includes a strip of raffle tickets.
 - **Children under 16** - £1.00 to include a strip of raffle tickets in the “Children’s Raffle”.
- Tickets for both Raffles can be bought separately at a cost of 50p a strip.

The use of all photographic equipment, including camera phones, is controlled at these Championships and spectators are asked not to use such equipment without a pass. Passes can be obtained from the Entry Table. Equipment being used without a pass will be removed.