



BRISTOL NORTH JUNIOR OPEN MEET

(Held under ASA Laws and ASA Technical Rules)

Saturdays 22 & 29 September 2007

At

**Hutton Moor Leisure Centre
Weston-s-Mare**

PROGRAMME

Saturday 22 September

Session 1 warm up 11.00

1/2	11 years	100m Freestyle
3/4	9 "	50m Butterfly
5/6	9 "	25m Butterfly
7/8	11 "	4 x 50m Medley team
9/10	9 "	4 x 25m Freestyle team
11/12	11 "	100m Breaststroke
13/14	9 "	50m Backstroke

Session 2 warm up 3.00

15/16	10 years	50m Freestyle
17/18	12 "	100m Butterfly
19/20	10 "	4 x 25m Medley team
21/22	12 "	4 x 50m Freestyle team
23/24	10 "	50m Breaststroke
25/26	12 "	100m Backstroke

Saturday 29 September

Session 3 warm up 11.00

27/28	9 years	50m Freestyle
29/30	11 "	100m Butterfly
31/32	9 "	4 x 25m Medley team
33/34	11 "	4 x 50m Freestyle team
35/36	9 "	50m Breaststroke
37/38	11 "	100m Backstroke

Session 4 warm up 3.00

39/40	12 years	100m Freestyle
41/42	10 "	50m Butterfly
43/44	12 "	4 x 50m Medley team
45/46	10 "	4 x 25m Freestyle team
47/48	12 "	100m Breaststroke
49/50	10 "	50m Backstroke

Ages as at 31 August 2007.